Swanwick Hall School Long Term Planning

Year 9 PSHE

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| Learning cycle | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 |
| 1 Community | What is family?16th Sept | What is family life all about?23rd Sept | What happens when things go wrong in families?7th October  | How does the illegal drug trade impact on communities?14th October  | Review lesson21st October  |  |  |
| 2 Stay safe, stay healthy  | How do we deal with the influence of our peer group?4th November  | Are smart phones good for our health?18th November  | Why is sleep so important?25th November  | How do we deal with risks?9th December | How do we deal with the risks associated with alcohol?16th December | What is gambling? Is gambling bad?Postponed  |  |
| 3 Careers | Jobs linked to subjects3rd Feb | Pathway choices10th Feb  | Effective decision making3rd March  | Recruitment 10th March  | Rights and responsibilities in the workplace24th March |  |  |
| 4 Economic wellbeing  | What is the best way to use money?31st March  | What is like having to cope with earning and managing your own money?21st April | What is it like having to cope with earning and managing your own money?5th May |  |  |  |  |
| 5 RSE (inc LGBTQ+) | What are the features of positive relationships? What are the features of abuse? Why is body image so important?12th May | How do people deal with intimate relationships and consent?19th May | What are the issues of online behaviour, including sexual content? 26th May | What is contraception?Whose responsibility is it?9th June | What are STIs? What issues are there related to unplanned pregnancy?16th June | How can we tackle sexual harassment? What impact can pornography have?23rd June | How can alcohol and drugs affect our behaviour, including sexual behaviour?30th June |
| 6 Managing People and Change  | How can we maintain positive relationships?7th July | How can we resolve conflict?14th July | How can we cope with loss and grief? | How can we deal with issues of violence? | What is coercive control? How can it be dealt with? | How can we stay strong? |  |
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