Swanwick Hall School Long Term Planning

Year 8 PSHE

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| Learning cycle | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 |
| 1 Community | What is community? What makes communities successful?  16th Sept | What are culture and cultural identity?  23rd Sept | What happens when things go wrong in communities?  7th October | What happens to young offenders?  14th October | What is life like for young offenders?  21st October | How does drug use relate to youth offending?  4th November |  |
| 2 Wellbeing | What is emotional wellbeing? How can people be emotionally well?  18th November | How can I be resilient? How can I learn from failure?  25th November | What is anxiety and depression? How can I help myself or my friend?  9th December | What is beauty? (Body image/selfhood)  16th December | What is self-harm? Why does it happen? Where can people get help?  13th January | What is mutual respect?  27th January |  |
| 3 RSE  (inc LGBTQ+) | What makes a good relationship?  3rd February | How should we manage intimate relationships?  10th February | What is consent?  17th March | How do people define themselves?  24th March | What is gender stereotyping? How can we respond?  31st March | What does being an ally mean?  21st April |  |
| 4 Careers | Aspirations  5th May | Positive careers  12th May | LMI  19th May | Future of the Economy  26th May | Employability skills  9th June |  |  |
| 5 Liberty and Citizenship | What is liberty?  What is citizenship? | What is the Human Rights Act? | What is democracy? What is the British system of democracy? | What is politics for? What are political parties? | Should the voting age be reduced to 16? |  |  |
| 6 Risk | How do we weigh up the pros and cons in life? How do we respond to risk? | What are the potential dangers of buildings and water? | What are the risks of gangs? | What are county lines? | What can people do to stay safe? |  |  |