Swanwick Hall School Long Term Planning

Year 8 PSHE

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| Learning cycle | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 |
| 1 Community | What is community? What makes communities successful?16th Sept | What are culture and cultural identity?23rd Sept  | What happens when things go wrong in communities?7th October  | What happens to young offenders?14th October | What is life like for young offenders?21st October  | How does drug use relate to youth offending?4th November  |  |
| 2 Wellbeing  | What is emotional wellbeing? How can people be emotionally well?18th November  | How can I be resilient? How can I learn from failure?25th November | What is anxiety and depression? How can I help myself or my friend?9th December  | What is beauty? (Body image/selfhood)16th December | What is self-harm? Why does it happen? Where can people get help?13th January  | What is mutual respect?27th January  |  |
| 3 RSE(inc LGBTQ+) | What makes a good relationship?3rd February  | How should we manage intimate relationships?10th February  | What is consent?17th March  | How do people define themselves?24th March  | What is gender stereotyping? How can we respond?31st March | What does being an ally mean?21st April  |  |
| 4 Careers | Aspirations5th May  | Positive careers12th May | LMI19th May | Future of the Economy26th May  | Employability skills9th June |  |  |
| 5 Liberty and Citizenship | What is liberty?What is citizenship? | What is the Human Rights Act? | What is democracy? What is the British system of democracy? | What is politics for? What are political parties? | Should the voting age be reduced to 16? |  |  |
| 6 Risk  | How do we weigh up the pros and cons in life? How do we respond to risk? | What are the potential dangers of buildings and water?  | What are the risks of gangs? | What are county lines?  | What can people do to stay safe? |  |  |