Swanwick Hall School Long Term Planning

Year 7 PSHE

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| Learning cycle | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 |
| 1 Transition  | What is PSHE and why is it important?9th Sept | How does it feel to start at secondary school?16th Sept | Why does the way we treat others matter?23rd Sept | What steps should people take to be safe online?7th October  | How do people present themselves online? Why does it matter?14th October  | Review lesson 21st October  |  |
| 2 Health  | What does being physically healthy mean?4th November | How can we make healthier choices?18th November  | What are smoking and vaping? What are the issues?25th November | What are the basics of first aid?9th December  | Review lesson 16th December |  |  |
| 3 Economic Wellbeing | Why do we use money? What are my attitudes to money?13th January  | Why is money important?27th January  | What is budgeting?3rd February  | Why do we need bank accounts?10th February  | How do we keep money safe online?3rd March |  |  |
| 4 RSE(inc LGBTQ+) | What are positive relationships?17th March | What is stereotyping? (of **all** types) What can be done about bullying? (inc online)24th March | How can we understand and cope with change? (puberty)31st March | What are intimate relationships? What is consent?What is the law about indecent images?21st April | What is stereotyping?What can be done about bullying?How can we be safe online?5th May  |  |  |
| 5 Community and Diversity | What is community? Is there such a thing as an ideal community?12th May | What are the features of a good community?19th May  | How can communities cope with change?26th May | What is being a citizen all about? | What is multiculturalism and diversity? | What is FGM and how can people seek help? |  |
| 6 Risk | How do we weigh up the pros and cons in life?  | How should we deal with risky situations? | Why do we need to respect water? | Why do people take risks? Who does this? (refugees) |  |  |  |
| 7 Careers | Personal skills | Employability skills | Labour Market Information | Types of work |  |  |  |