Swanwick Hall School Long Term Planning

Year 7 Technology

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| Learning cycle | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 | Week 8 |
| 1  5/9/22 – 21/10/22 | LC1.1 Food Safety and Hygiene – Understanding Risk, Hazard and control.  LC1.2 Establishing understanding of the Eatwell guide, its structure, application and key nutrients | LC1.3 Focused Practical Task: Cooker Investigation – Safety and Hygiene  LC1.4 Application of the Eatwell Guide in day to day practice/adaptation of dishes and evaluation of impact – Extended writing. | LC1.5 Practical  Fruit Salad  LC1.6 Application of healthy eating guidelines and introduction of sensory properties – coleslaw design | LC1.7 Practical Rice/ Pasta salad Practical  LC1.8 Sensory Properties and Application – Being able to describe and apply | LC1.9 Practical Coleslaw Practical  LC1.10 Reflection, Retrieval and Revision | ***checkpoint week*** | ***gap week*** |  |
| 2  31/10/22- 22/12/22 | LC2.1 Practical  Savoury Scones  LC2.2 Weighing and Measuring. | LC2.3 Practical Fruity Flap Jack  LC2.4 Savoury Muffin Design – Sensory and Nutritional knowledge application | LC2.5 Practical Cheese and vegetable Straws  LC2.6 Where does our food come from – Food Provenance. | LC2.7 Practical Savoury Muffins  LC2.8 Seasonality and local produce | LC2.9 Practical  Pizza – Bread Dough  LC2.10 Pizza Evaluation against Criteria and reflection on the Eatwell Guide. | LC2.11 Practical  Fruit Crumble  LC2.12  Reflection, Retrieval and Revision. | ***checkpoint week*** | ***gap week*** |
| 3  9/1/23 – 3/3/23 | LC3.1 Role of a Designer  LC3.2 Designing for Purpose | LC3.3 Sustainable Design and Concept Promotion  LC3.4 Sustainable Design and Concept Promotion | LC3.5 Frog Promotional Toy – Practical Marking out  LC3.6 Frog Promotional Toy – Safe Working practices – Using Craft Knife and Board | LC3.7 Frog Promotional Toy – Safe Working practices – Assembly and Finishing Techniques  LC3.8 Safety Routines and Safety Signs | LC3.9 Sustainable Timbers - Categorisation  LC3.10 Reflection, Retrieval and Revision. | ***checkpoint week*** | ***gap week*** |  |
| 4  6/3/23 – 12/5/23 | LC4.1  LC4.2 | LC4.3  LC4.4 | LC4.5  LC4.6 | LC4.7  LC4.8 | LC4.9  LC4.10 | LC4.11  LC4.12 | ***checkpoint week*** | ***gap week*** |
| 5  15/5/23 – 3/7/23 | LC5.1 Parts of a sewing machine driving test 1  LC5.2 safe working practices | LC5.3 Completion of Driving Test 2 and Introduction to Measuring, cutting and Pinning  LC5.4 Threading Up a Machine – Process and technique | LC5.5 Placement of first and second Ribbon and Introduction to straight line sewing  LC5.6 Categorisation and Identification of fibres | LC5.7 Placement of 2 & 3 or 4th ribbon and introduction to zig zag stitch  LC5.8 Categorisation of types of fabric and their working properties | LC5.9 Placement and construction of zip – Pining and straight line stitch  LC5.10 Woven fabrics – Methods used – Warp and weft | ***checkpoint week*** | ***gap week*** |  |
| mini unit  10/7/23 – 21/7/23 | LC6.1 Addition of Embroidery and buttons – Surface finishes  LC6.2 Addition of Embroidery and buttons – Surface finishes | LC6.3 Construction of the Pencil case – Marking out and straight line Sew - followed by Evaluation  LC6.3 Construction of the Pencil case – Marking out and straight line Sew – Followed by Evaluation |  |  |  |  |  |  |